Contents

Background	Page 2
Evidence from Middlesbrough PCT	Page 3
Section on Emotional Wellbeing & Mental Health Of Older People	Page 9
Further Evidence from Middlesbrough PCT	Page 16
Evidence from Middlesbrough MIND	Page 22
Section on Emotional Wellbeing & Mental Health Of Children & Young People Including evidence from Children & Young People's Trust, Young Minds and the Mayor	Page 27
Evidence from Tees, Esk & Wear Valleys NHS Trust	Page 40
Evidence from the Citizens Advice Bureau	Page 46
Further evidence from Middlesbrough PCT	Page 49
Views of Cleveland Local Medical Committee	Page 54
Conclusions	Page 55
Recommendations	Page 59